Of Drunkenness
its Cure.

# of Drunkenness

Drunkenness is a form of Apoplexy. I shall therefore treat it as a disease under the head of Apoplexy. —

I shall first mention its premonitory signs, and then describe a paroxysm of it.

The first effects of strong Drink are different in different people, but they generally appear with more or less of the following signs.

1 ~~Its modern~~ Unnatural silence.

2 Unusual garrulity.

3 Captiousness & a disposition to quarrel.

4 Uncommon good humor, & an insipid simpering, or laugh.

5 Profane swearing and cursing.

6 Obscene Conversation.

7 A disclosure of his own, or of other people's secrets.

8 A wide disposition to tell those persons in Company, whom they know, ~~of this~~

of this faults.

9 Certain ~~indecent &c~~ immodest Actions.

I have known an instance of a woman of a chaste manners & Character, who when soberly, ~~in her~~ under the first impressions of strong drink, never failed to pass, and make other indecent signs of an unlawful passion for every man that came into her company.

10 A Clipping of words is another precursor of a fit of Drunkenness.

11 Fighting. ~~Bloody~~ A black eye, or a ~~or~~ mash, this advanced ~~bloody~~ swelled Nose, ~~is often the consequence~~ grade of the ~~B~~ premonitory signs of apoplectic ~~of this grade of~~ Drunkenness.

12 Certain extravagant Acts partaking of Insanity. These, when they occur in company & in a tavern, ~~are~~ consist of singing, hallowing roaring, ~~jumping, stripping of Clothes dancing naked,~~ imitating the noises of brute animals,

V and cursing, ~~the~~ - caressing & kicking, the Sals - and Pegs, and Bettys and Kittys of the town, till overcome by strong Drink ~~they~~ ~~fall asleep the next morning they~~ they pass on to the last effects ~~of strong~~ produced by it, that is, apoplectic Drinkenness. ~~Which the~~ This disease whether it occurs in a Brothel, in Company, or in a Chimney Corner, appears with the following Symptoms.

jumping, tearing off ~~the~~ Cloaths, & dancing naked.
Breaking Glasses, throwing bottles at the heads of
waiters ~~&~~ cooking gold watches ~~in~~ with hogs lard in a
frying pan. — This ~~Gent~~ is a picture drawn from the life of ~~a~~ Scenes
which have occurred within doors in this city.
Sometimes the Insanity produced by ~~liquor~~ strong
drink discovers itself by a company thus deran=
=ged, rushing ~~out~~ out after midnight ~~from their~~ into
the Streets, — filling the Air with their yells & Bachanalian Songs, tea=
=ring down, and misplacing Signs, — breaking of
knockers & insulting, and knocking down Watch=
=men ~~and finally reading in their King~~ Well would
be for ~~this~~ ~~group of Madness~~ these Belials if their follies & vices
ended here. From the Acts of violence which
have been mentioned they proceed to houses of ill fame
where they pass the remaining part of the night,
~~and frequently the greater part next day in~~
~~scenes of debauchery too beastly & disgusting~~ ~~to be mentioned in a public lecture in~~
in the grossest Acts
~~Scenes~~ of debauchery & rioting, alternately ~~singing~~ flattering

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4 is a form of ~~the~~ apoplexy.

~~Drunkenness usually is a symptom of its symptoms the apoplectic state of persons and thus I have therefore concluded to treat of it as a disease under the head of apoplexy. —~~

~~I shall first mention its different grades and symptoms before it ascends to the degree of apoplexy.~~

The face is flushed, - the eyes project, - and are somewhat watery, - Winking is less frequent than is natural, - the head inclines a little to one shoulder - the jaw falls - eructations and hiccup take place, - the limbs totter, - ~~the under lip is protruded~~, - the whole body staggers, - ~~it falls on a bench~~ The unfortunate subject of this disease ~~has~~ falls on his seat - he looks around him with a vacant countenance, & mutters inarticulate sounds to himself - ~~and~~ He attempts to get up - & walk - In this attempt he falls upon his side - from which he

gradually turns upon his back – He now closes his eyes – ~~his~~ and falls into a profound sleep frequently attended with snoring. – ~~Sometimes the hands with a convulsive motion and are directed to unbosom his waistcoat &~~ The ~~muscles which retain the feces &~~ sphincters of the bladder & Rectum are sometimes relaxed in this state of the System, and the ~~feces~~ Urine & feces are discharged involuntarily into his small Cloathes. In this ~~state~~ condition he often ~~lies for~~ lies from 10, 12, and ~~sometimes~~ 24 hours to 2-3, 4 & 5 days. His recovery from ~~it~~ this fit of drunkenness is marked with several peculiar symptoms. He opens his eyes, and closes them again – He gapes, and stretches his limbs, he coughs – ~~in~~ & he pukes ~~Gurgling &c~~ His voice is hoarse, – he rises ~~from his seat~~ – ~~&~~ and staggers to a Chair, –

V he emits a deep ~~b~~ fetched sigh, or groan from ~~bravery~~ ~~and actual fell~~ ~~under~~ a transient ~~sense of a~~ twitch of Conscience, but he moves frequently -

+ ~~Perhaps~~ I formerly mentioned that the Doctrine of ~~Pha~~ the transmigration of Souls taught by Pythagoras, was supposed to be an allegory, intended in part to expose the degrade and beastly state to which a man reduced himself by Drunkenness. ~~In this state~~ his noise, ~~nos~~ his filthiness, his obscenity, his lubricity, his disposition to fight & quarrel, his simple vacant countenance were all owing to his soul having yielded his ~~body~~ to the ~~perfection~~ souls of an Ass - a monkey, he - a hog - a goat - a ~~cat~~ dog, a calf, and others equally ~~so~~ noisy, filthy & stupid animals.

his hands tremble

his eyes resemble balls of fire - He loathes the sight of food - ~~he calls for~~ he calls for a glass of Spirits to compose his stomach. - Now they ~~fight~~ - ~~he~~ scolds - and ~~so~~ curses every thing around him. In this state he remains for one or ~~two~~ days before he resumes his ~~own~~ former habits of business, and conversation.

This a ~~Thus~~ ~~Thus have I detailed~~ a short description of a paroxysm of Drunkenness. ~~There is sometimes a variety in it, according~~

These paroxysms ~~There~~ ~~They~~ differ in the times of their recurrence. They come on once ~~in two or three months~~ a year in some people particularly on the 4th of July, and on other holidays.

2 They ~~occur~~ once in two or three months.

3 ~~They occur~~ once a month.

V This disease like many others is both a hereditary, & family disease. I have known it to descend from a father, to four out of five of his Children. It is probable a hereditary feblenes of of the nervous System may have predisposed to it a again - I have seen three, & four of a family affected ~~to~~ by it where there has been no hereditary predisposition to it. Lastly I have seen it spread, ~~like~~ as if by contagion, thro a whole family composed of members not originally related to each other. In this case, it was the effect of example, and of a social temper.

by. ~~They recur~~ once a week, ~~and~~
5 every afternoon, and lastly
6 ~~they~~ ~~every~~ during ~~the whole~~ every hour
of every day. — he once had a citizen
of Philadelphia in whom Drunkenness
appeared in this chronic form. In speaking
of him to one of his neighbours, I said "Does
he not ~~get~~ sometimes get drunk? ~~sometimes~~"? you mean
said he "Yes, ~~not sober and temperate~~ He not sometimes sober."
—

The effects of occasional Drunkenness
are often such as to impair the strength &
understanding in such a manner, as that
~~[illegible]~~ the ~~persons~~ men who are the subjects
of it are like the persons spoken of by St
Paul ~~they~~ "who are dead while they live".
they are drunk — even when they are
sober. — V The effects on their wives
Senators &c ministers &c

1 ~~an Emetic~~ is to discharge the Contents of the Stomach by thrusting a feather down the throat. It often removes the disease in a half an hour. As this remedy may not al-ways produce a puking, it will be necessary to have recourse 2ly to

The Remedies for this ~~divide~~ disease divide themselves into two kinds.

I Such as are proper during the paroxysm of Drunkenness.

II Such as are proper during the intervals of the paroxysms to prevent their recurrence.

I The first remedy that I shall mention for the paroxysm of Drunkenness is wetting the head with cold water, by wrapping a wet napkin around, or by the affusion of cold water upon it. In the former way, it is said the famous English Orator Oftalemain Mr Fox often restores himself from moderate degrees of intoxication. In the latter way, I have often when a boy seen it used in this City. The method of applying it was to drag the patient when found lying in the Street, to a pump, and pumping water upon his head for ~~ten~~ ten, or fifteen minutes. ~~I have~~ The patient generally rises and walks of sober and sullen from the use of this remedy.

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3 Plunging the whole body into water has suddenly cured this disease. A number of gentlemen who had dined & drank to intoxication on board a ship lying ~~to~~ in the Stream near Baltimore, on their way to the shore in a small boat in the evening, in consequence of their reeling ~~forward & backwards~~ to one side, upset the boat. ~~and all~~ They ~~all~~ all fell into the water. Several boats from the shore ~~flew~~ hurried to their relief. They were all picked up perfectly sober. ~~to fix~~

4 Person has sometimes cured a fit of Drunkenness. Several young merchants who had ~~met~~ drank together in a framed counting house on the edge of James River until they all became drunk were carried ~~to~~ away ~~suddenly~~ by a sudden rise of the river from an and immense fall of Rain. They floated ~~to~~ two miles ~~to~~ down the river ~~in the~~ in great jeopardy, ~~to both~~ with their little ~~cabin~~ building half filled with water. An Island in the River arrested ~~the~~ it. When they came ashore they were all perfectly sober. It is probable tissor ~~acted in the former case~~ assisted

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in the case of the persons who fell into the river at Baltimore.

¶ ~~Whipping~~ Severe whipping has once cured a fit of Drunkenness in a man in Chester County. - Its ~~acts~~ operation is easily accounted for upon the principles of counteraction & revulsion.

¶ Glauber says that filling the mouth with common Salt, & thrusting it into the stomach has cured a fit of Drunkenness. the Spirit of Sea salt ~~I have [illegible]~~ it is said, has the same effect.

¶ The Revd Dr Witherspoon used to tell a story of a man in Scotland who was always cured of a fit of Drunkenness by being made angry. ~~His friends~~ the ~~subject of conversation~~ means chosen for that purpose was a very singular one. It was, talking against Religion.

¶ Where these Remedies fail, Vs: should be used. - It would probably cure ~~after before~~ without the use of any of them.

¶ all tight ligatures should be removed from

V I shall illustrate the good effects of this appeal, in curing Drunkenness in several instances.

the body, & the head should be elevated a little above the shoulders as in apoplexy from all its other causes. —

II. We proceed now to mention the means of preventing the recurrence of paroxysms of Drunkenness.

They consist in appeal to ~~the~~ that deep fea- ~~the~~ principle in the human mind of the association of ideas. I have known a love of spirits subdued for two years in a negroman by drinking some Rum (~~to~~ which he had stolen) in which ~~Ipe~~ Emetic had been ~~dip~~ infused, ~~to~~ a Snake in- fused in spirit ~~cured it completely~~ in another negro, ~~formerly a servant of mine~~ and which sickened & puked him severely.

V Even accidental association of sickness & pain with spirits, has ~~was~~ not only cured an attachment to it, but rendered it disagreeable afterwards. A Gentleman in this city Josiah Stewart took a draught of strong toddy after being very wet & cold. A severe Rheumatic gout followed his fatigue & exposure to the weather. Ever afterward spirit was disagreeable to him from the association of pain & the taste of the spirit. Dr Woodhouse informed me that a pint of Mr Emmet. washed of with spirit and water had cured love of it by the same law of association. This principle in our natures, extends to many other things besides spirits.

~~It was~~ by ~~mind~~. ~~Upon the influence of this~~ ~~prior~~ The Rum ~~in both these cases~~ in this case was never thought of afterwards without being associated in recollection & ~~the~~ sickness which had been produced by ~~the natural antipathy implanted to~~ the Tartar Emetic. ~~in one instance to a snake~~ [I have heard of a boy who was cured ~~not only of stealing water melons, but~~ of his love for ~~them~~ water melons by eating a part of one which he had stolen, in which a young Dr had concealed some Tart Emet.] ~~This~~ The appeal to it, ~~association~~ for the cure of vice is very ancient. It was ~~introduced~~ used by Moses when he compelled the Children of Israel to drink the solution of the

V. Another instance of ~~this~~ the good effects of the association of ideas occurred in this City. A Gentleman of respectable Connections had become so habitual a drunkard as often to fall down in the Streets. One night in attempting to go home from a tavern, he reeled down ~~from~~ between the stone cheeks of two Celler doors, he rested an arm on each of them. A Dog passing by, & supposing him to be part of the Wall of the house on which he rested his back, quietly lifted up one leg, & made water in his face. ~~The~~ He instantly ~~started from~~ perceived his ~~degrade~~ ridiculous & degrade situation, - ~~and was so~~ rose suddenly from ~~his~~ it - staggered home, & from that night never afterwards tasted spirituous liquors. He ~~lived and died~~ has ever since been a sober, ~~and~~ man to the great joy of all his Connections.

A 2nd method of curing Drunkenness is - go to p 15

Golden Calf (which they had idolized) in water. This solution, if made as it most probably was, by means of Hepar Sulphuris, was extremely bitter & loathsome, and could never be recollected afterwards without being associated in detestation with the sin which subjected them to the necessity of drinking it. V

2 The smell of ardent spirits has in two instances that come to my knowledge cured a love for them. The one was in a tavern keeper [Mr Hoskins] – the other in a journeyman distiller.

3 Exciting a counter passion. A Citizen of Philadª who had long been afflicted

with a drunken wife, bought a barrel of Rum, and contrary to his usual practice left the key in the door of the store room in which he kept his liquors, in order to give his wife an opportunity of easy access to the Rum that she might of drinking herself to death. She suspected the cause of it, and to spite her husband, became from that time, a sober woman.

6th The substitution of other less destructive liquors in their room as wine & Beer. I have known this to succeed in one or two instances, but they are too often taken in such excess as to do equal mischief to the ardent spirits. the use of those liquors prevents the Love of Spirits, but they seldom cure it. turn over to p: 16.7 +

+2nd By Destroying the ~~spirits~~ rectification and

3rd method of curing drunkenness is by means of a sudden sense of shame. This deep seated principle in human nature, ~~has~~ is often appealed to in the sacred Scriptures. Its resuscitation is ~~often~~ a prelude to reformation, hence Dr Johnson has happily said "where there is shame, there may be virtue". I shall mention several instances of its good effects in curing Drunkenness. A farmer

who had been in the habit ~~for~~ many years of coming home drunk from attending the market in a country town in Eng: one ~~market~~ day observed appearances of rain while he was in market. His ~~hay~~ hay was cut, and ready to be housed. To save it he returned in haste to his farm before he had ~~his~~ taken his customary dose of liquor. Upon coming into his house one of his children, a boy of 6 years old, said to his mother, O

desire ~~[illegible]~~ of Spirits, by destroying all those cir=
=cumstances with wh. it is associated.
Some men drink only in a morning,
some at noon, & some only at night.
Some drink on a market day only. — Some
at market only, some at one ta=
=vern only, &c Some only with cer=
=tain kind of Company. Now by finding
some new employment for drunkards
or hard drinkers ~~(who do not drink to intoxication)~~ at the usual times in which they
have been accustomed to drink, and by
restraining them from those places &
companions, which suggest the idea
of strong drink ~~they~~ to them, the habit
of drinking may be completely destroy=
=ed. V ~~6. Fabrication: Dr Black's Cure.~~
7 ~~8~~ + Abstaining gradually from Spirits

cried out "Oh mamma – here is Dadda, come home, & he is not drunk". The father was overcome with this rebuke & never tasted ardent spirits afterwards.

~~Another story will still further illustrate~~ a 2nd fact in favor is as follows.

the good effects of this fence of shame, a noted drunkard was once followed by a favorite goat to a tavern into which he was invited by his master and drenched with some of his ~~liquor drank~~ liquor. The poor animal went home with his master completely intoxicated. The next day, he ~~was led by him master~~ followed him to his accustomed tavern. When he came to the door, he paused, – his master made signs to him to follow him into the house. The goat stood still, an attempt was made to thrust him into the house: the goat resisted as

has been recommended by some
writers, but this will not do.
They must be ~~b~~ given up completely
& suddenly. "Taste, not, ~~touch not~~ handle not touch not" should be inscribed
upon every bottle that contains Spirit
in a man's house. — I have not said "smell not" for a reason
to be mentioned presently.
To obviate for
a while the effects of the sudden Abstra-
tion of the Stimulers of Rum, Laud^m
& Bitters of any kind improved in Water may
be taken with great advantage. — goto p. 23 8.

~~On~~ 13th:
I have known an ~~Oath~~ taken
before a Magistrate in one instance
to drink no more Spirits, or even
wine produce a perfect cure of
a desire for them. It is sometimes
cured in this way in Ireland. The

if struck with the recollection of what he suffered from his intoxication the night before. His master was so much affected at this conduct of the goat, so much more rational than his own, that he became from that time a sober man. — V=

12th A Salivation has lately been ~~informed~~ I have been inf.d performed a Cure of Drunkenness in a person in Virginia. ~~It was~~ the new disease excited in the mouth and throat while it rendered it painful to drink Spirits, was happily calculated to destroy the disease in the Stomach which prompts to Drinking, as well as to render the recollection of the liquor disagreeable by the laws of Association. goto 22. p. 19.

persons who take the Oath are called Affidavit men. But

14th The most effectual & ~~only~~ radical cure for this physical vice ~~is to~~ has been found in Religion. Many hundred drunkards ~~in this and other Countries~~ have been cured of this desire for ~~the~~ spirits by the principles & discipline of the Societies of Friends & Methodists in this & other Countries. If Christianity had nothing else to recommend it ~~but than~~ but its superior and almost exclusive power ~~in repelling the~~ of curing this destructive disease of the body and mind, it would be sufficient to entitle ~~it~~ its doctrines to our belief, and its ~~precepts~~ duties to our practice.

V again 3 lg a gentleman on the Potomac who had ~~become habitual~~ nearly destroyed

hard drinking

himself by ~~repeated fits of intoxication~~, was remarkable for exhibiting the profoundest folly in his fits of drunkenness. One evening sitting in his parlour, he heard an unusual noise in his kitchen. He went to the door & peeped thro' the key hole, where he saw one of his negroes diverting his fellow servants by mimicking his master's gestures & conversation when drunk. The sight overwhelmed him with shame & distress, & from that evening, he became a sober man.

go to p 23. §

4 A citizen of Philad^a of respectable connections had become so habitual a drunkard, as often to fall in the streets. One night in attempting to go home from a tavern he reeled down between the cheeks, of two cellar doors, & rested an arm on each of them. A Dog passing by, supposing him to be part of the

6 V a 4th mode in which Drunkenness has been cured, is by a sudden sense of the guilt ~~of~~ contracted by it, and of its punishment in the future world. A gentleman of ~~high and honorably of~~ this city in a fit of Drunkenness attempted to murder a wife whom he loved. Upon being told of it when he was sober, he was so struck with horror at the enormity of the crime he had nearly committed, that he never tasted spirituous liquors afterwards. One of the Judges of the Supreme Court of Pennsylvania before the Amer: Revolution was cured of the ~~bad~~ habit of drinking spirits, to intoxication, by seeing one of his fellow students at the University of Oxford in England suddenly expire in a fit of Drunkenness.

5 exciting a counterpassion to the appetite for strong drink. A citizen of Philad^a who had long been afflicted with ⊙ go to p: 15.

8th The smell of ardent spirits has in two instances that have come to my knowledge, cured a love for them. The one was in a tavern keeper, the other was a Distiller. ~~These solitary instances~~ The spirit in these instances acted as ~~food~~ The smell of food does in taking away the appetite.

V = heard in a violent attack of the yellow fever in the year 1798 who "lost his relish after his recovery for strong Drink, & has I believe ever since been a sober man:

9 a vegetable diet cured ~~in~~ a physician in the state of Maryland of habitual drunkenness, probably by lessening that thirst which is always more or less ex=
=cited by animal food.

10 Blisters to the Ankles once suspended it in a Lady in this city, who laboured under the chronic grade of Drunkenness. This Lady drank as much ~~spent £100 a year in~~ Brandy above as cost her £200 a year. 11 I attended a notorious drun=

12 A Salivation - go to p: 20